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UM moves toward "Wellness Dorms"

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UM News Tips

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Dec. 13, 1991

■ **UM MOVES TOWARD "WELLNESS DORMS"** -- Beginning next fall, The University of Montana's Aber Hall will be designated a "wellness dorm," one emphasizing a healthy mind and body and good academic performance. One room will be set up for aerobics, another for free weights. The dorm will be smoke-free -- as are Turner, Knowles and Elrod halls -- and will offer health and outdoor recreation programs. If students respond enthusiastically to the innovations at Aber, UM will offer students another dorm of this kind next fall. "We will move at some point to a dorm that's both smoke- and alcohol-free," says housing Director Ron Brunell. For more information, call Brunell at 243-2611.

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